



For the well-being of your feet –

Foot comfort by Berkemann

# Foot comfort by Berkemann – for the well-being of your feet

Our feet are subject to enormous strain each and every day. Poorly made and ill-fitting shoes make the situation worse. That is why there is a need for products that provide our feet with greater comfort, whether by relieving discomfort caused by pressure or by providing gentle position correction. This catalog provides you with an overview of our foot comfort products. They are the result of our 125 years of experience

in podiatry, as well as our knowledge on the use of innovative and natural materials. When selecting our basic materials, we make sure they are breathable and moisture-absorbent, which makes them particularly skin friendly. On the other hand, we deliberately avoid using gel products that can trigger skin irritation and allergic reactions when silicone oil is released due to sweat.

## Product features



Anti-bacterial through silver ions



Moisture absorbing



Especially soft materials



Anatomically shaped footbed



Permeable



Odor inhibiting due to an activated carbon layer



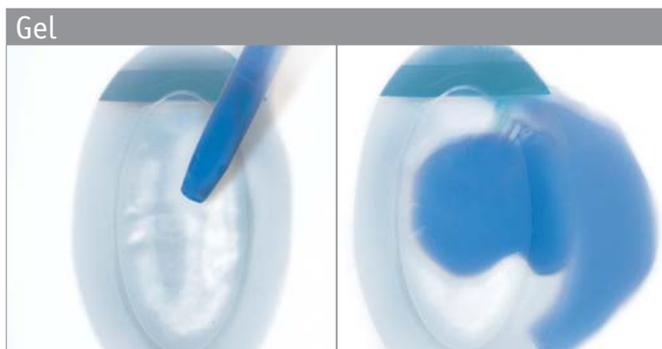
Free of silicone



Free of hazardous materials tanned leather

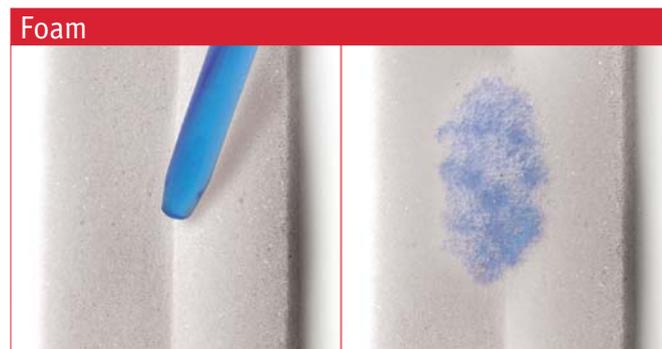
## Foam – for healthy feet

Foam has a clear advantage over gel products when facing moisture absorption



Liquid is dripped on gel.

The gel does **not** absorb the liquid.

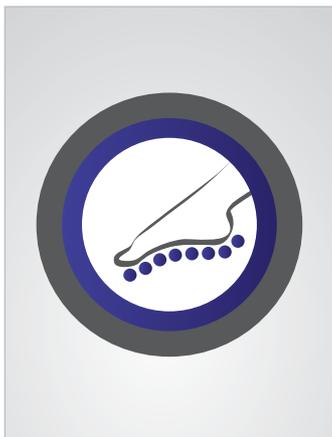


Liquid is dripped on foam.

The liquid is **completely** absorbed. The skin remains dry.

# Product lines

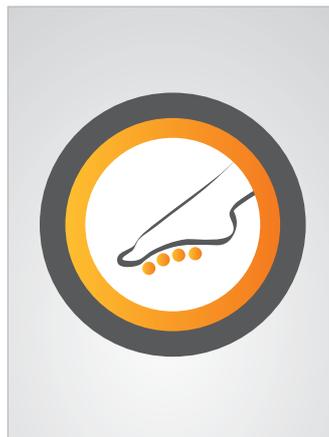
**INSOLES** pages 4-6



**Promote the foot's natural anatomy**

Items in this line are anatomically designed and gently support the natural anatomy of the foot, they absorb the energy of every step, as well as mild pressure.

**SPLAYFOOT** page 7



**Supports the longitudinal and transverse arches**

Berkemann special bandages and pads use compression to guide the foot back to its original shape, while special cushions provide soft support for the forefoot.

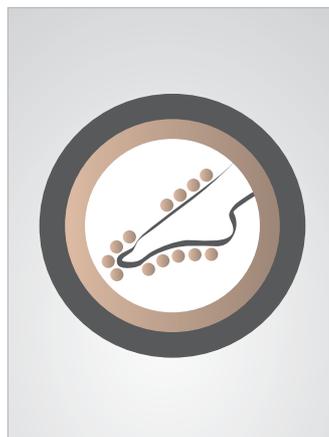
**HALLUX VALGUS** pages 8-9



**Mild correction of the big toe and relief from pressure pain**

Berkemann offers products to reduce the pain associated with rubbing, as well as special bandages for gentle correction.

**CARE PRODUCTS** page 9



**Simplify foot care**

Items in this line provide for ease in foot care.

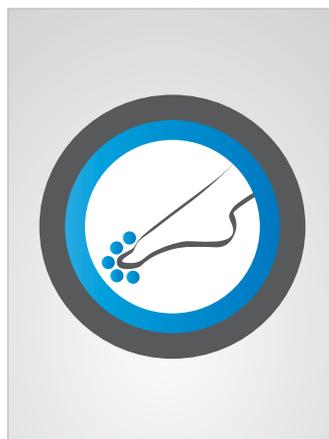
**BLISTERS, HORNY SKIN, CALLUSES AND CORNS** page 10



**Relieving pain from pressure and rubbing**

Pressure-relieving products protect the affected areas from further irritation due to continued rubbing.

**HAMMER TOES** page 11



**Hammer toe correction and relief from pressure pain**

Berkemann products relieve the pain caused by pressure and rubbing. Adjusting and specialty bandages provide gentle position correction



# Berkemann arch bridges – Berkodur and Berkodur warm





The Berkodur arch bridge insole easily and naturally increases the wearing comfort of your shoes by supporting the foot muscles. The arch bridge helps with splayfeet, flat feet and fallen arches. It is modeled and anatomically formed after the natural shape of the foot, supporting the longitudinal and transverse arches. It has a shock absorber in the heel area that cushions the energy of every step. The activated charcoal layer is anti-bacterial and reduces odor. High-quality vegetable-tanned leather makes the Berkodur arch bridge breathable and moisture absorbing. Berkodur warm in contrast includes a soft covering made of high-tech fleece, the ideal companion for colder weather.

- 1 Activated charcoal layer is anti-bacterial and reduces odor
- 2 The built-in pad supports the transverse arch
- 3 The high-quality vegetable-tanned leather cover makes the Berkodur arch bridge breathable
- 4 Comfortable warmth thanks to a cover made of high-quality, skin-friendly high-tech fleece
- 5 Internal and external support of the longitudinal arch
- 6 Shock absorber in the heel area cushions the energy of every step



**Berkodur arch bridges**

High-quality vegetable-tanned leather makes the Berkodur arch bridge breathable and moisture absorbing. It easily and naturally increases the wearing comfort of your shoes by supporting the foot muscles.

Art. No.	Sizes	Content
08758-700	2 – 13	1 Pair



**Berkodur arch bridge, half sole**

High-quality vegetable-tanned leather makes the Berkodur arch bridge, half sole breathable and moisture absorbing. It easily and naturally increases the wearing comfort of your shoes by supporting the foot muscles.

Art. No.	Sizes	Content
08759-700	2 – 13	1 Pair



**Berkodur arch bridge, warm**

Berkodur warm is equipped with a skin-friendly, soft and warming cover made of high-tech fleece. It easily and naturally increases the wearing comfort of your shoes by supporting the foot muscles.

Art. No.	Sizes	Content
08760-600	2 – 13	1 Pair

# Promote the foot's natural anatomy



### Heel pad

The foam rubber heel pad compensates for different leg lengths and provides a soft support for the heel.

Art. No.	Sizes	Content
08780 002 630	3.0 – 5.5 S	1 Pair
08780 002 640	6.0 – 9.0 M	1 Pair
08780 002 650	9.5 + L	1 Pair



### Heel pad

The viscoelastic heel pad compensates for different leg lengths and provides a soft support for the heel.

Art. No.	Sizes	Content
08755 002 630	3.0 – 5.5 S	1 Pair
08755 002 640	6.0 – 9.0 M	1 Pair
08755 002 650	9.5 + L	1 Pair



### Heel spur pad

The heel spur pad relieves discomfort caused by a heel spur.

Art. No.	Sizes	Content
08756 002 630	3.0 – 5.5 S	1 Pair
08756 002 640	6.0 – 9.0 M	1 Pair
08756 002 650	9.5 + L	1 Pair



### Orthotic pockets

The self-adhesive orthotic pockets are suited to securing loose insoles in open shoes.

Art. No.	Sizes	Content
08910 002 640	4.5 – 8 M	1 Pair
08910 002 650	8.5 + L	1 Pair



### Insoles

These all-purpose insoles are shock absorbing, distribute the load, reduce impact shocks, promote circulation and prevent premature fatigue.

Art. No.	Sizes	Content
08757 002 730	4.0 – 5.5	1 Pair
08757 002 740	6.0 – 7.5	1 Pair
08757 002 750	8.0 – 9.0	1 Pair
08757 002 760	9.5 – 10.5	1 Pair
08757 002 770	11.0 +	1 Pair



### Longitudinal arch support

The longitudinal arch support provides relief to the transverse arch from the discomfort of fallen arches.

Art. No.	Sizes	Content
08790 002 630	50x70x15 S	1 Pair
08790 002 640	55x85x20 M	1 Pair
08790 002 650	60x100x25 L	1 Pair
08790 002 660	65x105x27 XL	1 Pair

Dimensions in mm:  
W (Width) x L (Length) x T (Thickness)



# Supports the longitudinal and transverse arches



## Splayfoot bandage

The splayfoot bandage relieves discomfort caused by splayfoot and flat feet.

Art. No.	Sizes	Content
08310 002 630	17 – 19 cm S	1 Pair
08310 002 640	20 – 21 cm M	1 Pair
08310 002 650	22 – 23 cm L	1 Pair
08310 002 660	24 – 25 cm XL	1 Pair

Forefoot circumference



## Splayfoot bandage with pressure pad

The splayfoot bandage relieves discomfort caused by splayfoot and flat feet.

Art. No.	Sizes	Content
08320 002 630	17 – 19 cm S	1 Pair
08320 002 640	20 – 21 cm M	1 Pair
08320 002 650	22 – 23 cm L	1 Pair
08320 002 660	24 – 25 cm XL	1 Pair

Forefoot circumference



## Cross bandage

The cross bandage relieves discomfort caused by splayfoot, fallen arches and flat feet.

Art. No.	Sizes	Content
08330 002 630	36 – 40 cm S	1 Pair
08330 002 640	41 – 44 cm M	1 Pair
08330 002 650	45 – 48 cm L	1 Pair
08330 002 660	49 – 52 cm XL	1 Pair

Forefoot circumference + Ankle circumference



## Metatarsal pad

The metatarsal pad reduces pressure and impact around the forefoot.

Art. No.	Sizes	Content
08188 002 640	50 x 70 M	1 Pair
08188 002 650	55 x 75 L	1 Pair

Dimensions in mm:  
W (Width) x L (Length)



## Half sole

Half sole supports the transverse arch in case of discomfort caused by fallen arches and splayfoot.

Art. No.	Sizes	Content
08243 002 720	3.5 – 4.0	1 Pair
08243 002 730	4.5 – 5.5	1 Pair
08243 002 740	6.0 – 7.5	1 Pair
08243 002 750	8.0 – 9.0	1 Pair



## Splayfoot pressure pad

The splayfoot pressure pad supports the transverse arch in case of discomfort caused by splayfoot.

Art. No.	Sizes	Content
08360 002 630	32 x 47 S	1 Pair
08360 002 640	36 x 50 M	1 Pair
08360 002 650	40 x 53 L	1 Pair
08360 002 660	44 x 56 XL	1 Pair

Dimensions in mm:  
W (Width) x L (Length)



Replaceable pressure pad  
Transverse arch support

Perlon cover  
Toe stabilization

Without pad (removable)  
Washable at 30° Celsius

Pad ring  
Pressure relief

Heel strap  
Individually adjustable



**Valex D**  
Hallux valgus – Day bandage

Made of an elastic rubber fabric, with perlon cover and pad.

Art. No. right	Sizes	Content
08440 002 631	17 – 19 cm S	1 Piece
08440 002 641	20 – 21 cm M	1 Piece
08440 002 651	22 – 23 cm L	1 Piece
08440 002 661	24 – 25 cm XL	1 Piece
Art. No. left	Sizes	Content
08440 002 632	17 – 19 cm S	1 Piece
08440 002 642	20 – 21 cm M	1 Piece
08440 002 652	22 – 23 cm L	1 Piece
08440 002 662	24 – 25 cm XL	1 Piece

Forefoot circumference



**Valex N**  
Hallux valgus – Night bandage

The Valex N night bandage corrects the misalignment of the big toe joint (Hallux Valgus) during the night.

Art. No.	Sizes	Content
08450 002 640	M 35-40 (2.5-6.5)	1 Piece
08450 002 650	L 41-48 (7.0-13.0)	1 Piece

# Mild correction of the big toe and relief from pressure pain

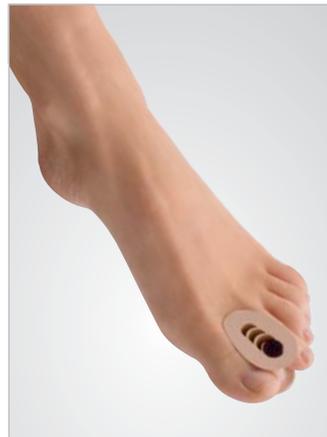


### Toe separator

The foam toe spreader prevents pain or rubbing in the spaces between toes.

Art. No.	Sizes	Content
08130 002 630	18 x 7 S	4 Pieces
08130 002 640	25 x 9 M	3 Pieces
08130 002 650	35 x 12 L	3 Pieces
08130 002 660	35 x 16 XL	2 Pieces

Dimensions in mm:  
L (Length) x T (Thickness)



### Para toe separator

The toe spreader of soft para rubber prevents pain or rubbing in the spaces between toes.

Art. No.	Sizes	Content
08129 002 640	L = 22 mm M	2 Pieces
08129 002 650	L = 26 mm L	2 Pieces

Dimensions in mm:  
L (Length)



### Ball footbed

The ball footbed protects the ball of the foot from pressure and rubbing.

Art. No.	Sizes	Content
08147 002 990	universal	1 Piece



### Berkoplast

Two-component material to create pressure protection orthotics (includes 10 ml hardener).

Art. No.	Sizes	Content
08901 002 990	250 ml	1 Piece

### Hardener, single package

Art. No.	Sizes	Content
08902 002 990	5 ml	1 Piece

## Simplify foot care



### Toe comb

The toe comb is used for pedicures or painting the toenails.

Art. No.	Sizes	Content
08230 002 990	universal	2 Pieces



# Relieving pain from pressure and rubbing



### Corn pad

Corn pads relieve the pressure points associated with corns.

Art. No.	Sizes	Content
08010 002 990	universal	6 Pieces



### Corn ring

Corn rings relieve the pressure points associated with corns.

Art. No.	Sizes	Content
08087 002 990	universal	8 Pieces



### Pressure protection pad

Pressure protection pads relieve pressure points for corns, calluses and blisters (approx. 5 mm thick).

Art. No.	Sizes	Content
08192 002 990	universal	9 Pieces



### Ball protection pad

The ball protection pad protects the ball of the foot from pressure and rubbing.

Art. No.	Sizes	Content
08045 002 990	universal	4 Pieces



### Tubifoam

Tube-shaped foam to cover pressure points on the toe - can be cut to size. (length approx. 11 cm).

Art. No.	Sizes	Content
08137 002 630	Ø 10 mm S	3 Pieces
08137 002 640	Ø 15 mm M	3 Pieces
08137 002 650	Ø 20 mm L	3 Pieces



### Callus protection ring

Callus protection rings relieve pressure points for corns, calluses and blisters. (diameter approx. 39 mm).

Art. No.	Sizes	Content
08110 002 990	universal	6 Pieces

# Hammer toe correction and relief from pressure pain



## Hammer toe protection pad

Hammer toe protection pads relieve toes joints sensitive to pain.

Art. No.	Sizes	Content
08152 002 990	universal	2 Pieces



## Toe cap

The toe cap protects toes sensitive to pain.

Art. No.	Sizes	Content
08134 002 630	L = 25 mm S	2 Pieces
	Ø 15 mm	
08134 002 640	L = 30 mm M	2 Pieces
	Ø 20 mm	
08134 002 650	L = 35 mm L	2 Pieces
	Ø 25 mm	

(L = interior length)



## Toe aligner

The toe aligner gently corrects the position of hammer or claw toes.

Art. No.	Sizes	Content
08157 002 990	universal	1 Piece



## Toe pad

The loop gently corrects the hammer toe position, while the soft pad supports the toe from below.

Art. No.	Sizes	Content
08154 002 631	right S	2 Pieces
08154 002 641	right M	2 Pieces
08154 002 651	right L	2 Pieces
08154 002 632	left S	2 Pieces
08154 002 642	left M	2 Pieces
08154 002 652	left L	2 Pieces

S (L = 55 mm), M (L = 60 mm),  
L (L = 70 mm)  
(L = Length)



## Hammer toe night splint

The hammer toe splint gently corrects the hammer toe position during the night.

Art. No.	Sizes	Content
08140 002 990	universal	1 Piece

www.berkemann.com

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Your specialty Berkemann shop

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